

From the Editor's Desk

Dr. Neha Sharma

I draw inspiration from the wonderful creations around me! Sat here, at the world's most visited museum, I am reminded of the powerful role of preserving and sharing the human culture and the wealth of knowledge created for our generations to visit, explore, and experience!

I feel equally motivated by the mission of our organisation,

[Vigyan Setu Foundation®](#)

(VSF), to connect science with society and inspire informed, engaged communities. On this note, I present to you the 4th issue of this year's VIGYAN SETU – the quarterly, bilingual e-magazine comprising articles, write-ups, and news around the globe, anecdotes, stories, poems, puzzles and much more to sensitize, amuse and make you aware of how Science is a Way of Life.

This issue is packed with unique titles spanning across the four key function areas of our organization. As it is always a good idea to start reading with some snack and a sip, you shall find that through the initial topics, our specialist authors draw your attention to literally that! Touching upon the other senses, our experts simplify thought-provoking scientific concepts such as biological rain and science lab setup.

We are dedicated to raising awareness about typical lifestyle and critical health issues affecting women of which mental health and PCOS are exclusives. You shall also find a Q&A to work as a little exercise.



This is then followed by a wonderful contribution in Hindi providing us with deep insight into some ancient Indian knowledge systems. Some of our brilliant student contributors have shared their impression on the richness of our scientific heritage as well as science tourism, a topic we are passionate about at VSF.

Finally, under the realm of public health, we have intriguing contributions on common household hazards that usually go unnoticed and the significance of a daily DOSE of happiness that is just what we may be missing out on. On the animal health front, this issue enlightens on the equally important roles of pets and wildlife. Delving deeper into domesticated animals, our subject expert makes us aware of the first aid for our furry companions. We carry on exploring the NGO - Animal Protection Society, Udaipur. As you may be aware, VSF has recently initiated the Rabies Ambassador Programme (RA25). Its preliminary launch report elaborates the initiative and outreach.

We are very grateful to our contributors for sharing their expertise and the support of the editorial team. We recommend you [subscribe to our website](#) to keep receiving unlimited access to all our content from 2025. We seek your support to continue our work. If you value from our efforts, we would [appreciate your donations](#) as a token of commitment towards our mission.