

Event Report: Oral Health and Anti-Tobacco Awareness Camp

Dr Lalit Sharma

To mark **World No Tobacco Day 2025**, **Vigyan Setu Foundation**, in collaboration with Dr G. D. Pol Foundation's Y.M.T. Dental College and Hospital, Kharghar, Navi Mumbai, organized a comprehensive Oral Health Education, Promotion, and Outreach Camp, coupled with an Anti-Tobacco Awareness and Referral Programme on May 31, 2025, at Himgiri Cooperative Housing Society Limited, Sector 3, Sanpada, Navi Mumbai.

The camp aimed to raise awareness about the harmful effects of tobacco use and the importance of maintaining good oral hygiene. The event witnessed enthusiastic participation from residents across the societies of Sanpada, with over 50 individuals, from 3 to 90-years old, availing themselves of the services and information offered.



Key Highlights

Oral Health Screening:

Dental professionals conducted thorough check-ups, identifying oral health issues, and offering expert advice.

Tobacco Cessation Counselling:

Focused sessions were held to educate visitors on the impact of tobacco consumption, with an emphasis on early signs of oral cancer and gum diseases.

Educational Material:

Posters and props were utilized to reinforce key messages on oral hygiene and the dangers of tobacco.

Referral Services:

Attendees requiring follow-up care were referred to YMT Dental College and Hospital for further evaluation and treatment.

The camp served not only as a health check-up initiative but also as a strong educational intervention, emphasizing preventive healthcare and lifestyle modification. The collaborative effort showcased the commitment of both institutions toward building a healthier, tobacco-free society.

Vigyan Setu Foundation extends heartfelt thanks to the Dean, Faculty and interns of Y.M.T. Dental College and Hospital for their voluntary services, Managing Committee of Himgiri CHSL for logistics, Mr Datta Agre for hospitality, and to the residents of Sanpada for their participation and support.



